Ideally, better health coverage should cost less. In reality, now it can.

A plan designed with both quality and affordability in mind. Consistent, quality care is vitally important.

When you need a physician, you want to make informed choices. Welcome to the Premium Designation program available through UMR.

• Enjoy one of the nation’s largest networks of physicians. Almost anywhere in the United States you’ll find participating doctors, hospitals or pharmacies for the same coverage levels you get at home.

• Make the most of preventive care coverage, so little concerns don’t become big problems later (see your specific plan for details).

• Access Premium Designation information at your fingertips on umr.com
How the UnitedHealth Premium program works

UnitedHealth Premium is an innovative program that evaluates eligible physicians against scientifically defined medical guidelines for quality and cost efficiency.

Physicians must first meet quality of care guidelines – and only then are they evaluated for their cost efficiency.

UnitedHealth Premium Quality of Care designation

When evaluating quality of care, we review a physician’s performance against nationally accepted standards from medical organizations and governmental agencies such as the Ambulatory Care Quality Alliance, the National Committee for Quality Assurance (NCQA), and the American College of Cardiology, as well as scientific advisory boards. This is important to you because following evidence-based care guidelines has been shown to have a positive impact on the quality of care and safety of patient care.

UnitedHealth Premium cost efficiency designation

Only those physicians who meet quality standards are then reviewed for cost efficiency. Efficiency evaluates the utilization and cost of medical and diagnostic resources.

Cost efficiency criteria are based on patient care provided over an entire episode of care, including the appropriate use of diagnostic testing, prescribed medications, the procedure itself, follow-up care and the associated costs.

Measurement also factors in the amount of re-do procedures and complication-related expenses.

We measure cost efficiency at the local level, because we recognize that there are differences in what it takes to deliver a service in one market versus another.

For more information on the UnitedHealth Premium Designation program, visit umr.com

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Maximize your health benefits
When you need a physician, maximize your health plan benefits by making sure the physician you choose has the UnitedHealth Premium Physician Care designation for quality of care and cost efficiency.

Finding the right physician is the most important thing you can do for your health care...
But it isn’t always easy. We provide the information you need to help you make a more informed decision on where to seek care.

… and now, for your pocket book.
When you visit a UnitedHealth Premium Care Physician, you may pay lower co-payments for office visits, and get higher plan co-insurance coverage.

That’s why it’s important to choose carefully.
To get the most from your plan, find a quality and cost efficiency designated physician by visiting umr.com and click on Find a Physician or Facility. Look for a physician with the Premium Care Physician designation.

Your ID card includes a Customer Care phone number for easy access to designation information.
Physician care

The UnitedHealth Premium Designation Program Includes 16 specialties and 47 sub-specialties

Allergy
- Allergy
- Allergy & Immunology

Cardiology
- Cardiology
- Cardiovascular Disease
- Cardiac Diagnostic
- Cardiology-Interventional
- Clinical Cardiac Electrophysiology
- Endocrinology

ENT
- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Head and Neck Surgery
- Laryngology
- Rhinology

Endocrinology
- Endocrinology, Diabetes and Metabolism
- Diabetes

Family Medicine
- Preventive Medicine
- Family Practice
- General Practice

Gastroenterology
- Digestive Diseases
- Endoscopy
- Hepatology-Liver Disease
- Gastroenterology

General Surgery
- Abdominal Surgery
- Proctology
- Colon & Rectal Surgery
- Surgery

Internal Medicine
- Internal Medicine

Nephrology
- Nephrology

Neurology
- Neuromuscular Disease
- Neurology
- Neurology & Psychiatry

Neurosurgery, Orthopaedics & Spine
- Orthopedic Surgery
- Neurology Surgery
- Shoulder Surgery
- Knee Surgery
- Back & Spine Surgery
- Sports Medicine
- Hand Surgery

Obstetrics & Gynecology
- Gynecology
- Obstetrics
- Obstetrics & Gynecology

Pediatrics
- Pediatrics
- Pediatric Adolescent
- Adolescent Medicine

Pulmonology
- Pulmonary Medicine

Rheumatology
- Rheumatology

Urology
- Urology

New specialties & sub-specialties effective January 1, 2017

You can find more information on the UnitedHealth Premium Designation program using the provider search tools on umr.com

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